

# **California Beach Closure Report**

July 2002

DIVISION OF WATER QUALITY STATE WATER RESOURCES CONTROL BOARD CALIFORNIA ENVIRONMENTAL PROTECTION AGENCY

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#### **EXECUTIVE SUMMARY**

California Health and Safety Code section 115910 requires local health officers to submit to the State Water Resources Control Board (SWRCB) by the 15<sup>th</sup> of each month a survey documenting all beach postings and closures that occurred during the preceding month due to threats to the public health. The law also requires SWRCB to (1) make available this information to the public by the 30<sup>th</sup> of each month, (2) publish a statewide annual report documenting the beach posting and closure data provided by health officers for the preceding calendar year by July 30, and (3) distribute this report to the Governor, Legislature, major media organizations, and public within 30 days of publication of the annual report.

SWRCB publishes the monthly beach posting and closure reports produced from the data provided by the local health officers on its Web site (http://www.swrcb.ca.gov/beach/index.html) for easy public access. The coastal Regional Water Quality Control Boards (RWQCBs) also post this information on their Web sites or link to SWRCB's Web site.

This annual beach closure report summarizes the beach posting and closure information submitted by local health officers for the year 2001. It also includes a brief description of SWRCB and RWQCBs activities that are targeted to keep the beaches clean and healthy. Detailed beach posting/closure data received from local health officers are provided in Appendix A to this report. Calendar year 2001 saw an increase in the number of beach closures, while the number of beach postings remained approximately the same. However, it is important to note that calendar year 2000 was the first year that full-year beach monitoring data were reported by local health officers and compiled by SWRCB. Also, monitoring efforts have been improved to detect problems, which could have resulted in a higher number of closures in 2001. Therefore, it is difficult to draw conclusions at this time regarding the beach closure trends in California.

Many projects aimed at improving coastal water quality are currently underway as part of the Governor's Clean Beaches Initiative (CBI). These projects are being funded with Proposition 13 bond funds, totaling \$32 million for FY 2001-02. Additionally, the FY 2002-03 budget includes \$46 million in Proposition 40 funds to continue the funding for CBI projects. It is expected that these, as well as future projects, will have a positive effect on the state's coastal water quality and reduce the health risk to the public wishing to use one of the state's most valuable resources.

#### **INTRODUCTION**

#### **Economic Impact of California Beaches**

California's coastline is one of its most important natural features. It extends over 1,000 miles from the rocky cliffs of the north coast to the sandy, sun-drenched beaches in the south. The coastal areas represent a desirable place to live. Approximately 80 percent of California's 33 million residents live within a 30-mile drive of its coastline. Millions of visitors come to see its beauty and play on the shores and in its waters. In 1999, Americans made a total of 33 million trips to California's beaches. California's beaches generate \$17 billion per year in direct revenue. When indirect benefits are added, California's beaches contribute \$73 billion to the national economy and generate \$83,000 jobs nationwide.

Increasingly, the public is becoming concerned about beach closures, swimmers' illnesses, and the lack of public confidence due to the up and down nature of posted warning signs. When a beach is closed due to contamination, the economic effect can be devastating to local business owners.

#### **Causes of Beach Closures**

Beach closures that are included in this report are caused by water contamination by pathogens, which can potentially impact the health of the beachgoers when they are exposed to the contaminated water through skin contact (swimming or surfing) or ingestion. Fever, flu-like symptoms, ear infection, respiratory illness, gastroenteritis, cryptosporidiosis, hepatitis, and other illnesses have been associated with waterborne pathogens. Table 1 lists a number of pathogenic bacteria, protozoa, and viruses; their observed effects on exposed population; and the diseases commonly associated with them.

A 1996 epidemiological study sponsored by the Santa Monica Bay Restoration Project and partially funded by SWRCB validated the cause and effect relationship between elevated levels of bacteria in beach water and health problems observed in exposed beachgoers. Beach closures can also result from other events, such as a leaking sewage pipe or an oil spill.

#### **Sources of Beach Pollution**

The ocean is the final deposition site for most land-based pollutants entering California's coastal watersheds. Nearshore impairments can result from discharges of industrial waste, dredge spoils, agricultural and urban runoff, and municipal sewer discharges. Although this impairment has been controlled to a great extent in recent years, the increases in population and development offer a constant challenge to those federal, state, and local agencies responsible for water quality control. As California's coastal population increases, the number and volume of discharges from industrial and municipal facilities into our coastal waters also increase.

]	PATHOGEN	DISEASE	EFFECTS	
BACTERIA	Escherichia coli (enteropathogenic)	Gastroenteritis	Vomiting, diarrhea, death in susceptible populations	
	Legionella pneumophila	Legionellosis	Acute respiratory illness	
	Leptospira	Leptospirosis	Jaundice, fever (Weil's disease)	
	Salmonella typhi	Typhoid fever	High fever, diarrhea, ulceration of the small intestine	
	Salmonella	Salmonellosis	Diarrhea, dehydration	
	Shigella	Shigellosis	Bacillary dysentery	
	Vibrio cholerae	Cholera	Extremely heavy diarrhea, dehydration	
	Yersinia enterolitica	Yersinosis	Diarrhea	
PROTOZOANS	Balantidium coli	Balantidiasis	Diarrhea, dysentery	
	Crytosporidium	Cryptosporidiosis	Diarrhea	
	Entamoeba histolytica	Amedbiasis (amoebic dysentery)	Prolonged diarrhea with bleeding, abscesses of the liver and small intestine	
	Giardia lamblia	Giardiasis	Mild to severe diarrhea, nausea, indigestion	
	Naegleria fowleri	Amoebic meningoencephalitisFatal disease; inflammation of brain		
VIRUSES	Adenovirus (31 types)	Respiratory disease		
	Enterovirus (67 types, e.g., polio, echo, and Coxsackie viruses)	Gastroenteritis	Heart anomalies, meningitis	
	Hepatitis A	Infectious hepatitis	Jaundice, fever	
	Norwalk agent	Gastroenteritis	Vomiting, diarrhea	
	Reovirus	Gastroenteritis	Vomiting, diarrhea	
	Rotavirus	Gastroenteritis	Vomiting, diarrhea	

Table 1.	Waterborne Pathogens, Diseases They Cause, and the Effects on Expos	sed
	Populations.	

Another primary source of coastal water impairment comes from the runoff flowing from the land through storm drains and hundreds of natural stream courses. Runoff from creeks, rivers, and storm drains is a significant source of impairment to California's beaches. This runoff may come from rooftops, streets, yards, gardens, open spaces, parking lots, animal yards, construction sites, logging roads, and any other surface exposed to rain or snow. It collects human and animal waste, oil and rubber residue from cars, asbestos and metals from brake linings, pesticides, silt, and various types of vegetable matter. It may contain high bacterial counts and viruses, may be toxic to marine life, and may carry tons of garbage and silt that litter the ocean and beaches and kill or injure marine life. Since this runoff does not come from a discrete source, such as a pipe, it is regarded as "nonpoint source pollution." Some of these types of wastes are collected in urban storm drains. Storm drain discharges are considered "point source" under the federal Clean Water Act's (CWA) Storm Water Program and require National Pollutant Discharge Elimination System (NPDES) permits for discharges to surface waters.

#### SWRCB Projects to Improve Coastal Water Quality

#### **Clean Beaches Initiative**

In January 2001, Governor Gray Davis proposed a CBI to combat the problem of contaminated ocean water and beach postings/closures. The Governor's CBI enables state and local agencies to address this contamination, making California beaches safer and ensuring the economic vitality of coastal areas. The proposed CBI activities include assistance to local agencies in areas that have chronic beach contamination problems and high beach usage. CBI also provided funding for research to develop rapid, inexpensive methods for detecting and analyzing bacteria and pathogens. Fifty projects were funded by Proposition 13 in FY 2001-02, totaling \$32 million, as part of CBI. A list of these projects is provided in Appendix B to this report. In addition, FY 2002-03 budget includes \$46 million in Proposition 40 funds to continue the funding for CBI projects. It is expected that these, as well as future projects, will have a positive effect on the state's coastal water quality and reduce the health risk to the public wishing to use one of the state's most valuable resources.

#### **Development of Rapid Indicators and Sources Tracking Methods**

The 2001 Budget Act provides \$1.5 million in General Fund contract support for the development of rapid indicators. Subsequently, the Legislature passed Assembly Bill 639 (Chapter 502, Statutes of 2001) requiring SWRCB, in conjunction with the California Department of Health Services (DHS), to develop reliable, rapid, and affordable diagnostic tests for indicator organisms on or before July 1, 2003. SWRCB is currently developing a contract with the Southern California Coastal Water Research Project (SCCWRP), with the goal of developing analytical methods that can be completed within one day, ideally within several hours. The development of rapid indicators will reduce the lag time between the time when a sample is taken and analyzed and the time when warning signs are posted at a contaminated beach. The reduction in lag time will better protect the public by keeping them out of the water when conditions are known to be a threat to human health, rather than allowing the public to swim in possibly contaminated water while health officials wait several days for lab results before they post or close a beach.

In addition to the Clean Beaches Initiative projects listed in Appendix B, SWRCB also has entered into a contract with SCCWRP using Proposition 13 funds to study the technologies that can be used to implement the requirements of the coliform TMDL for the Santa Monica Bay beaches. The goal of this project is to identify the best techniques and the most rapid technologies for determining the sources of fecal contamination.

#### **Responsibilities of SWRCB and RWQCBs**

One of the primary responsibilities of SWRCB is to protect California's valuable coastal waters by controlling discharges. The six RWQCBs bordering the coastline have prime responsibility for protecting coastal waters. Anyone wishing to discharge waste to the ocean from a pipe or waste facility (a "point source") must obtain an NPDES permit from the appropriate RWQCB. RWQCBs establish monitoring programs to be conducted by the discharger as a way of measuring compliance with permit provisions. RWQCBs currently issue NPDES permits for discharges from municipal storm sewer systems serving a population of 100,000 or more. RWQCBs and SWRCB will soon implement storm water programs for smaller municipalities and construction projects to further control storm water discharges. SWRCB has also adopted two statewide general storm water permits for industrial and construction activities and a statewide permit to address all road construction activities of the California Department of Transportation. These permits require the storm water dischargers to implement programs to reduce and/or eliminate storm water pollution to the maximum extent possible. If nonpoint source discharges cause serious pollution, RWQCBs work with the dischargers to require the application of measures to control the waste (known as management practices or MPs) and prevent pollution. If those measures are not carried out effectively, RWQCBs may issue waste discharge requirements or take enforcement action. When necessary, RWQCBs also establish Total Maximum Daily Loads (TMDLs) to control discharges into impaired beach waters.

#### **Responsibilities of Local Health Officers**

California law (Health and Safety Code section 115880 et. seq.) requires local health officers to conduct weekly bacterial testing between April 1 and October 31 of waters adjacent to public beaches which have more than 50,000 visitors annually and are near storm drains which flow in the summer. Local health officers are required to test for three indicator organisms: total coliform, fecal coliform, and enterococci. If any one of these indicator organisms exceeds the standards (Table 2) established by DHS, the county health officer is required to post warning signs at the beach and make a determination whether to close that beach in the case of extended exceedances.

SAMPLE TYPE	INDICATOR	STANDARD <sup>1</sup>
Single	Total Coliform <sup>2</sup>	1,000
	Total Coliform	10,000
	Fecal Coliform	400
	Enterococci	104
30-day Log Mean	Total Coliform	1,000
	Fecal Coliform	200
	Enterococci	35

# Table 2. California Department of Health Services' Bacteriological Standards for Water-Contact Sports.

<sup>1</sup> Number of organisms or colonies forming per 100ml of water.

<sup>2</sup> If the ratio of Fecal to Total Coliform exceeds 0.1.

In the event of a known discharge of untreated sewage, the health officer is required to immediately test the waters adjacent to the public beach and take the appropriate action. If the discharge of untreated sewage is known to have reached recreational waters, then the health officer is required to close the beach until the waters meet the established bacterial standards. The law also requires the county health officer to establish a telephone hotline to inform the public of all beaches that are closed, posted, or otherwise restricted.

Ten coastal counties (Sonoma, San Mateo, Santa Cruz, Monterey, San Luis Obispo, Santa Barbara, Ventura, Orange, Los Angeles, and San Diego) and one city (Long Beach) have reported that they have beaches that are near storm drains and are visited by more than 50,000 people annually. Those beaches have been tested regularly for bacterial contamination as required by law, and each month the counties submit the information of beach postings and closures to SWRCB for publication on its Web site.

#### **Indicator Organisms**

Since identification and enumeration of pathogens (such as viruses in water) are difficult, time consuming, and expensive, laboratory methods have been developed to measure the presence and density of "indicator" organisms. The indicator organisms may not cause human health impacts, but their presence indicates the potential for water contamination with other pathogens that are harmful, such as bacteria, viruses, and protozoa. Indicator bacteria are carried to coastal waters in a variety of ways. Bacteria typically enter coastal waters from sewage spills, such as overflows of sanitary sewers and storm water runoff from urban, suburban, and rural areas. An ideal indicator would indicate when disease-causing agents were present at densities that could cause problems. As the coliform bacteria group (total, fecal, E. coli, and enterococci) is found in the intestines and feces of warm-blooded animals, its presence indicates that pathogens from untreated or partially treated sewage or contaminated runoff may be present in water. Other advantages of using the coliform bacteria group as indicator organisms include: (1) it is easily detected by simple laboratory methods; (2) it is not usually present in unpolluted waters; (3) its concentration in water can be correlated with the extent of contamination; and (4) it is safe to work with in the laboratory.

The drawback of using this "indicator" is that it may not accurately represent the actual health risk to swimmers. Even though the indicator group is present in the intestines and feces of many warm-blooded animals, the specific pathogens that are hazardous to human health may not be present. For example, large flocks of birds or migrating whales may contribute high levels of indicator bacteria to the waters adjacent to a public beach, but these animals may not be carrying any pathogens that are a threat to humans. At the present time, the potential health risk to humans from pathogens carried by animals is unknown. Additionally, the technology is not available to positively distinguish between animal and human-borne indicator bacteria. More research is needed on both of these topics.

#### Beach Closure, Beach Posting (Warning Sign), and Rain Advisory

County health officers may take three discrete actions based on beach water quality monitoring data, sewage spills, and storm events. Beaches or, more precisely, the ocean waters adjacent to the beaches are posted with warning signs or are closed when water samples that are collected in the surf zone have indicator levels which exceed DHS standards. The beach is reopened to the public once further sampling confirms that bacteria levels no longer exceed health standards.

A "Beach Closure" occurs as a result of a sewage spill or repeated incidences of exceedances of bacterial standards from an unknown source. A closure is a notice to the public that the water is unsafe for contact and that there is a high risk of getting ill from swimming in the water. Closures are mandatory in the event of a known untreated sewage discharge reaching recreational waters; otherwise, the decision to close the beach is at the discretion of the local health officer. A beach closure does not necessarily result in the closure of the entire beach for recreational activities. In most cases, the ocean is closed to swimming and other water contact recreation while the beach area is open for sunbathing, volleyball, and other activities that do not involve water contact.

A "Beach Warning" sign means that at least one bacterial standard has been exceeded, but there is no known source of human sewage. The posting of warning signs alerts the public of a possible risk of illness associated with water contact. The placement of signs may be short term when a single bacterial indicator standard is exceeded, or more permanent where monitoring indicates repeated contamination (e.g., from a storm drain). Warnings may also be posted where sources of contamination are identifiable and can be explained as not of human origin (e.g., resident marine mammals or seabirds).

A "Rain Advisory" is issued during and for a period of 72 hours after a storm event. Past experience has shown that indicator levels generally exceed state standards during and after storm events. The runoff generated by the storm event brings with it pollution from the surrounding urban and rural areas and, with that pollution, comes high numbers of indicator bacteria. Rain advisories are typically issued to the public through various media outlets (television, radio, newspapers, etc.). These advisories are preemptive in nature and may not be based on actual water quality data. Since there is no consistency among counties of when and if they issue rain advisories, the discussions below do not include the numbers of advisories issued for each county. Rain advisory information reported by counties is included in Appendix A.

#### **Beach-Mile Days (BMDs)**

BMD is used to express the magnitude of a beach closure or posting incident. It is the product of the number of days a beach was posted/closed and the length of impacted coastline (in miles). For example, if a particular beach was closed for five days and for a distance of 200 yards, the number of BMDs for this incident would be 0.57 (200 yards/1 mile X 5 days). BMD is a useful measure for comparing the health of beaches from year to year. It is a more meaningful measure of comparison than the number of incidences or the number of days of postings or closures.

#### **BEACH POSTING AND CLOSURE INFORMATION FOR THE YEAR 2001**

Calendar year 2001 saw an increase in the number of beach closures, while the number of beach postings remained approximately the same. However, it is important to note that calendar year 2000 was the first year that full-year beach monitoring data were reported by local health officers and compiled by SWRCB. Also, monitoring efforts have been improved to detect problems, which could have resulted in a higher number of closures in 2001. Therefore, it is difficult to draw conclusions at this time regarding the beach closure trends in California.

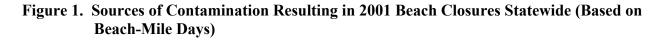
The information presented in this report is derived from SWRCB's Beach Posting and Closure Database, which identifies the beach name, type of event (closure/posting/rain advisory), dates of the event, and length of affected coastline. The database calculates the number of BMDs associated with each posting or closure. Reports detailing the events that were reported in 2001 for each county can be found in Appendix A. The reports are grouped by closures, postings, and rain advisories and then grouped in order beginning with the northernmost county and ending with the southernmost county. At the end of each individual county report, the total of the incidences of closures/postings/rain advisories, days (duration), and BMDs are specified.

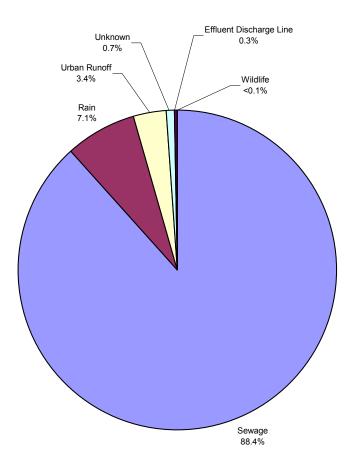
COUNTY	NUMB INCIDI		NUMB DA		BEACH-MILE DAYS CLOSED		
YEAR	2001	2000	2001	2000	2001	2000	
Del Norte	0	0	-	-	-	-	
Humboldt	0	0	-	-	-	-	
Mendocino	1	1	12	15	2.7	2.6	
Sonoma	2	2	37	4	3.7	0.4	
Marin	0	0	-	-	-	-	
Contra Costa	1	0	10	-	0.9	-	
Alameda	0	0	-	-	-	-	
San Francisco	0	0	-	-	-	-	
San Mateo	6	9	38	217	21.2	41.9	
Santa Cruz	2	0	4	-	0.2	-	
Monterey	6	6	39	16	6.8	3.9	
San Luis Obispo	0	1	-	1	-	0.1	
Santa Barbara	1	0	7	-	1.6	-	
Ventura	16	4	78	12	37.7	0.7	
Los Angeles	6	7	12	45	34.1	33.6	
Long Beach (City)	1	0	9	-	0.5	-	
Orange	51	40	182	152	53.1	53.4	
San Diego	59	47	362	310	362.4	187.0	
TOTAL	152	117	790	772	524.9	323.6	

Table 3.	Beach	Closures	for	2001	and	2000 b	y County.
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#### **Beach Closures**

Table 3 shows a summary of the number of closures, duration, and BMDs for each county for both 2001 and 2000. The table clearly shows an increase in the total number of beach closures between 2000 and 2001, with the biggest percent increase in closures occurring in Ventura County. Figure 1 illustrates that the vast majority (greater than 88 percent) of beach closures statewide are due to sewage discharges resulting from system failures, line breaks, and overflows.





The large increase in the number of BMDs is partially due to two events that occurred in San Diego County. One occurred at OCE Imperial Beach City Beach (2/13/01-3/16/01) that resulted in 41.1 BMDs of closure. The other occurred at OCE Tijuana Slough National Wildlife Refuge Shoreline (1/9/01-5/10/01), which resulted in 119.17 BMDs of closure. These two events accounted for 80 percent of the increase in BMDs of closure reported by all counties between 2000 and 2001, and 44 percent of San Diego County's BMDs of closure in 2001. Both of these events were the result of increased runoff (due to winter storm events) originating in Mexico, which overwhelmed dry weather diversions at the border and resulted in sewage and contaminated runoff being carried by the Tijuana River to the coast.

COUNTY	NUMB INCIDI	-	NUMB DA		BEACH-MILE DAYS POSTED		
YEAR	2001	2000	2001	2000	2001	2000	
Del Norte	0	0	-	-	-	-	
Humboldt	0	0	-	-	-	-	
Mendocino	0	0	-	-	-	-	
Sonoma	2	12	4	29	0.4	2.7	
Marin	0	0	-	-	-	-	
Contra Costa	0	0	-	-	-	-	
Alameda	0	0	-	-	-	-	
San Francisco	34	13	70	31	104.2	49.0	
San Mateo <sup>1</sup>	17	17	101	387	59.0	21.5	
Santa Cruz	14	7	47	44	6.1	19.8	
Monterey	15	16	81	42	31.5	13.8	
San Luis Obispo	20	6	68	16	11.1	2.2	
Santa Barbara	147	152	1,176	1,296	56.3	73.5	
Ventura	96	72	967	237	98.5	13.4	
Los Angeles	263	325	1,204	1,150	93.0	126.1	
Long Beach (City)	58	99	78	161	2.2	4.6	
Orange <sup>1</sup>	325	290	3,235	2,055	646.5	595.8	
San Diego	187	274	855	2,450	51.5	168.9	
TOTAL	1,178	1,283	7,886	7,898	1,160.3	1,091.3	

Table 4.	Beach	Postings	for	2001	and	2000	bv	County.
			-				· ·	

<sup>1</sup>Numbers do not include permanent postings. The permanent postings for these counties are included in the beach database and in the reports in Appendix A.

#### **Beach Postings**

Table 4 shows a summary of the number of postings, duration and BMDs for each county for both 2001 and 2000. In general, the statewide number of incidents, their duration, and BMDs for beach postings have not notably increased or decreased. However, some counties have had noticeable increases and decreases. For example, Sonoma County had the largest percent

decrease (over 80 percent) in the number of postings, duration and BMDs, while San Francisco County had the largest percent increase (over 200 percent) in the number of postings, duration and BMDs. Many factors could have contributed to the increase or decrease of the number of beaches posted. A conclusion should not be drawn solely based on these numbers as to whether water quality is improving or declining in the water adjacent to those beaches.

There were 28 permanently posted beaches statewide in 2001. Some counties have chosen to post warning signs year-round (typically at storm drain outfalls or creek mouths) to warn the public about chronically poor water quality at a particular location. Counties have the option of whether or not to include their permanently posted beaches in the beach database. Of the 28 permanently posted beaches, 21 are included in the database and are in the individual county reports in Appendix A (one in San Mateo County and 20 in Orange County). Table 5 shows the remaining seven beaches that had permanent postings but were not included in the Beach Database for 2001. There is currently no established standard as to the circumstances under which a beach should be permanently posted; it is at the discretion of the local health officer.

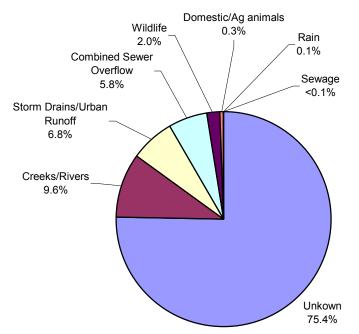
Statewide, the majority of all beach postings (over 75 percent) are the result of unknown sources as illustrated by Figure 2. When postings and closures are combined, greater than 50 percent of all sources are unknown (Figure 3). This clearly indicates that there is a need for more research into methods that would help local health officials determine the source of coastal water contamination. If inexpensive and non labor-intensive methods were made available to county officials, many of the sources of poor coastal water quality could be diagnosed, and management steps could be taken to reduce contamination and the health risk to the public.

COUNTY	BEACHES					
Santa Cruz	Neary Lagoon at Cowell Beach					
	San Lorenzo River at the mouth					
	Schwan Lake at Twin Lakes Beach <sup>1</sup>					
	Soquel Creek at the mouth at Capitola Beach <sup>1</sup>					
	Aptos Creek at the mouth between Rio del Mar Beach and Seacliff Beach <sup>1</sup>					
Los Angeles	Santa Monica Canyon Creek <sup>2</sup>					
San Diego	Casa Beach at Children's Pool <sup>3</sup>					

<sup>1</sup> Due to birds.

<sup>2</sup> Posted 25 yards on each side.

<sup>3</sup> San Diego County Department of Environmental Health no longer considers this a recreational beach; however, the San Diego RWQCB has designated this beach as a recreational beach, and it is currently listed on the state's CWA section 303(d) list of impaired water bodies.



# Figure 2. Sources of Contamination Resulting in 2001Beach Postings Statewide (Based on Beach-Mile Days)

Figure 3. Sources of Contamination Resulting in 2001 Beach Closures and Postings Statewide (Based on Beach-Mile Days)

