



News Advisory

High *E. coli* Levels at Lower American River Public Advised to Check Water Quality Website for Latest Results

**For Immediate Release
July 2, 2018**

Contact: Adam Laputz
(916) 464-4726

What: Recent water quality monitoring shows that certain sites along the lower American River (identified below) continue to have elevated levels of *E. coli* bacteria posing a risk to recreational users. Recreational visitors are encouraged to **check the latest *E. coli* levels** before heading out to the river by visiting the new [online map](#) or following the [CA Water Boards on Twitter](#).

Where: The Central Valley Water Board is conducting weekly monitoring in the American River and the lower segment of Steelhead Creek. The latest *E. coli* results for Tiscornia Beach, Discovery Park, Sutter's Landing Regional Park, and Steelhead Creek are above US EPA's recommended [2012 Recreational Water Quality Criteria](#).

About *E. coli* Monitoring: The Central Valley Water Board is providing the *E. coli* data to Sacramento County health officials and parks managers, who are the lead in reviewing the data and posting warnings or restricting access to the waterway as needed to ensure protection of public health. For more information and recommendations on healthy habits for swimming visit <http://www.sacparks.net/healthyswimming>.

E. coli is an indicator bacteria used to identify fecal pollution from human, pet, livestock or wildlife waste. Most strains of *E. coli* are harmless, but elevated levels indicate that pathogens could be present that can sicken swimmers and others who use the river. If you have concerns regarding your family's health, contact your healthcare provider immediately. Report suspected waterborne illnesses to [Sacramento County Public Health](#).

You can make a difference to keep the Lower American River safe and clean! Please use bathrooms and properly dispose of human and dog waste.

###

