

TSIS TXHOB HAUS COV DEJ

SIV XWB NTIM HAUV MUS TXOG DAIM NTAWV CEEB TOOM NTXIV

Yog tsis ua raws li cov lus qhia no yuav ua rau mauaj mob loj.

Ntsuam Xyuas Ntsiab: mg/L



Koj cov dej haus zoo tsis ntev tas los kuaj, thiab nitrates tau pom muaj tshaj li theem siab tshaj 10 mg /L uas tsim los ntawm Lub Xeev thiab Tsoom Fwv Teb Chaws cov dej haus dej haus rau cov dej haus tsis huv.



Cov pojniam uas cev xeeb tub yog cov muaj feem yuav muaj teeb meem rau kev noj qab haus huv thiab yuav tsum tsis txhob haus cov dej uas muaj nitrate ntau. Dej haus cov dej muaj nitrate muaj peev xwm ua rau muaj teeb meem loj hauv kev xeeb tub.



Tsis txhob muab dej rau me nyuam mos.

Me nyuam mos liab thiab lwm yam khoom noj yuav tsum tau npaj nrog dej hauv hwj los yog lwm cov dej uas muaj nitrate tsawg. Cov me nyuam mos liab muaj feem yuav raug mob los yog tuag taus los ntawm kev noj cov tshuaj nitrate.



Tsis txhob rhaub cov dej. Cov dej kub koj yuav ua rau cov dej nitrate tau nce.

Yog xav paub ntiv hu rau Central Valley Water Board:

- Xov tooj: Sacramento Chaw ua haujlwm (916) 464-4611
lossis xa ntawv: irrlands@waterboards.ca.gov
- Xov tooj: Fresno Chaw ua haujlwm (559) 488-4396
lossis xa ntawv: ilrpinfo@waterboards.ca.gov

Los saib peb ntawm: https://www.waterboards.ca.gov/gama/docs/coc_nitrate.pdf
https://www.waterboards.ca.gov/centralvalley/water_issues/irrigated_lands/drinking_water/

Tsab ntawv ceeb toom no tau muab los ntawm:

Tus tswv tsev npe: _____

Tus tswv tsev Xee npe: _____

Hnub tim: _____

Av Naj Npawb: _____

- Kev ceeb toom muab cov neeg siv los yog cov tswv av uas tsim nyog
- Hloov cov dej taumuab rau tus neeg siv

Nitrate Qhia Ntawv

Cov nitrates yog dab tsi?

Nitrates tuaj yeem tshwm sim rau ntawm qhov chaw thiab dej tsis tas yuav ua mob. Li cas los xij, nitrate muaj ntau tshaj cov dej haus tsis huv, tshwj xeeb yog rau cov me nyuam mos thiab cov poj niam cev xeeb tub. Nitrate cov kab mob hauv cov av feem ntau yog txuam nrog cov kua hauv lub cev, cov tsiaj tsis muaj tshuaj tiv thaiv, lossis cov tshuaj chiv.

Cov kev txhawj xeeb dab tsi yog cuam tshuam nrog nitrates hauv cov dej haus?

High nitrate qib yuav cuam tshuam nrog lub peev xwm ntawm cov qe ntshav liab kom nqa oxygen rau cov nqaij ntawm lub cev, ua rau muaj mob hu ua methemoglobinemia. Qhov no yog kev txhawj xeeb tshaj plaws hauv cov me nyuam mos; qhov teeb meem tshwm sim rau cov me nyuam mos uas siv cov tshuaj nitrates muaj feem ntau hu ua "blue baby syndrome." Cov tsos mob muaj xws li ua tsis taus pa thiab tawv nqaij hauv daim tawv nqaij. Cov tsos mob ntawm cov me nyuam mos muaj peev xwm nthuav dav sai sai, nrog kev noj qab haus huv zuj zus ib hnuv. Yog tias cov tsos mob tshwm sim, nrhiav kev kho mob tam sim ntawd. High nitrate them kuj tseem yuav txo tau cov pa roj carbon dioxide ntawm cov poj niam cev xeeb tub thiab ua rau kom muaj teebmeem rau qhov kev xeeb tub.

Cov neeg tuaj yeem siv dab tsi ua kom txo tau nitrate hauv dej haus?

Siv cov dej hauv hwj dej kom txog thaum muaj kev kho mob zoo tsim nyog.

Cov dej haus tuaj yeem raug kho kom tshem nitrate. Cov ntxaij lim dej hauv tsev zoo li Brita cov ntxaij lim dej tsis tshem nitrates, tab sis lwm lub tshuab siv tau los tshem tawm nitrates. Thov tuaj yeem sab laj txog lub Xeev Dej Tuav Dej Haus cov dej hauv tsev kho mob hauv:

https://www.waterboards.ca.gov/drinking_water/certlic/device/Documents/wtd2017/76Registere d%20Models%20for%20Nitrate%20listing%20081117_WITH%20LINKS%20TO%20PDS.pdf

Cov dej kub yau tsis yog tov, raws li nws muaj cov nitrate.

Tsis muab mis rau me nyuam haus cov dej muaj nitrate them ntawm 10 mg/L.

Puas siv tau cov pa dej nitrate los siv da dej thiab yaus?

Muaj. Cov menyuam mos liab thiab me nyuam tuaj yeem da dej rau hauv cov dej uas muaj nitrates ntau. Cov nqais tau los kuj tau. Nitrates tsuas yog kev txhawj xeeb rau kev noj haus (haus). Nitrates tsis absorbed los ntawm koj cov tawv nqaij. Cov neeg uas nruab lim nruab rau nitrates feem ntau txhawm rau nruab rau hauv lawv cov chav dej dab dej, vim lawv siv lub hwj yas kom lawv ua noj thiab haus dej.

Puas yuav tau nitrate cov dej siv los ntxuav txiv hmab txiv ntoo?

Feem ntau, cov txiv hmab txiv ntoo thiab zaub yuav tuaj yeem ntxhua nrog dej nrog ntau nitrate. Cov dej siv rau lub hom phiaj no me me, thiab yog hais tias txiv hmab txiv ntoo qhuav tom qab ntxuav tas, yuav tsum tsis muaj kev phom sij. Cov dej yuav tsum tsis txhob siv los ua noj.