## Citizen-based Monitoring Characterizes Water Quality and BMIs throughout a Western Sierra Stream

SIERRA Rachel Durben, Biologist rachel@sierrastreams.org

Vater, Science and People

Joanne Hild, Biologist, Executive Dir. joanne@sierrastreams.org

#### Overview

 Background of SSI programs and community partnerships
Case Study: Pioneer Park habitat health before and after restoration
Case Study: Habitat health below Lake Wildwood Wastewater Treatment Plant before and after nitrate removal

# Our history

 Started in 1996 as Friends of Deer Creek by a group of concerned local citizens and property owners.

Focused on scientific investigation and methods, to find solutions to Deer Creek's problems.

## Sierra Streams Institute Programs

#### Restoration

Restoration of salmon habitat Remediation of bacterial contamination

#### Research

Transport of mercury over dams Health impacts of mining contaminants

### Education

Hands-on science

### Training

State protocols for watershed groups

## Laboratory

**Chemical and biological analysis** 

#### **Community-based Participatory Research**

**Sierra Streams Institute is working with local citizens to improve:** 

- environmental health of ecosystems
- public health of community members
- science education

Citizens participate in all levels of work.





### Lake Wildwood Wastewater Treatment Plant

Reduction of nitrates in effluent

Successful community partnership



### **Pioneer Park Restoration**



- Could not remove cement due to Arsenic contamination
- Removed invasive plant species, replanted with natives
- Added boulders and shifted bridge to change hydrology, reduce sedimentation
- Successful at getting City of Nevada City to follow BMP's

## **Pioneer Park Restoration**



Shredder Index increased from  $\mu$ = 3.4 to 6.4 (SE ± 1.4, t= 2.1, p= 0.04)

## **Pioneer Park Restoration- BMI**



# **Indicator Species Analysis**

(Dufrene and Legendre 1997)

#### **Group 1 (Before Restoration)**

Trichoptera, Polycentropodidae: Indicator Value= 32.1, p= 0.21 Filterer-Collector, Tolerance Value= 6

#### **Group 2 (After Restoration)**

Megaloptera, Corydalidae: Indicator Value= 37.5, p= 0.2 Predator, Tolerance Value= 0

Plecoptera, Pteronarcyidae: Indicator Value= 40, p= 0.17 Shredder, Tolerance Value = 0



# Summary

- Restoration work is improving conditions for BMI communities
- BMI are good indicators of ecosystem health
- Results show volunteers & community how successful their work has been



# Lake Wildwood Wastewater Treatment Plant Upgrade

- Government mandate in June 2007
- Upgrade to fully denitrify wastewater, produce more consistent, contained flows
- Reduced NO<sub>3</sub> from  $\mu$ = 1.085 mg/L to 0.67 mg/L (SE ± 0.18, z= -440.5, p= 0.03)
- Reduced water temperature from  $\mu$ = 18.5°C to 15.9°C (SE ± 1.24, t= 2.16, p= 0.04)



## LWW Upgrade- BMI Communities



## **Indicator Species Analysis**

(Dufrene and Legendre 1997)

#### **Group 1 (Before Upgrade)**

None!

#### Group 2 (After Upgrade)

Diptera, Tipulidae: Indicator Value= 30.2, p= 0.05 Shredder Tolerance Value= 3



www.bugguide.net



# Summary

Upgraded practices at
Wastewater Treatment
Plant shows improved
water quality and trend of
improving BMI health

 Increased residents' awareness of watershed

Developing relationship
with wastewater treatment
plant to manage discharge

## **Future Directions**

LWW additional upgrades: UV disinfection (no NaClO) beginning 2013

Continued restoration and monitoring along Deer Creek

\* Algae data

More multivariate analyses (combine biological and environmental data sets)

Continue citizen participatory research



Sierra Streams Institute (Formerly Friends of Deer Creek)

431 Uren St., Suite C Nevada City, CA 95959 (530)265-6090 www.sierrastreams.org <u>joanne@sierrastreams.org</u> <u>rachel@sierrastreams.org</u>



Linking water, science, and people.